

**F.I.T.**  
**Focused Integrated Tested**

**First Presbyterian Church High School Group**  
**1540 M Street – Fresno, CA 93721**  
**(559) 485-6460 – fpcfresno.org**

Being a disciple of Jesus isn't something we "add-on" to a compartmentalized or over-booked life. Following and serving Jesus is a 24/7 reality that touches all areas of our lives and being a leader at the SOURCE means that you're interested in helping other students think, act and live more like Jesus.

F.I.T. has the responsibility of spiritually mentoring, guiding and influencing other students to more faithfully follow Jesus Christ. F.I.T. members will commit to oversee the lives of several students in the group through prayer, regular contact and intentional relationship. To be F.I.T. means to be intentional about having adults and peers speak into your life to help you grow more like Christ and to be an example for other students to follow.

F.I.T. is Committed To:

**A Relationship with Christ**

I acknowledge the Lordship of Jesus Christ in my life and have a personal relationship with him.

**Growing in Christ**

I am committing to spiritual growth through involvement at Wednesday night Bible Study.

I am committing to spiritual growth through the habits of:

consistent quiet times including prayer and Bible study at least 5x per week

accountability with an adult mentor by meeting at least 2x per month

attend weekly "all church" service at either 8:30am or 11:00am

giving: tithing a portion of income however God sees fit to give me via allowance, work, etc.

**Serving Because of Christ**

I am committing to taking personal responsibility for the health and well-being of our youth group.

**Living an "Integrated" Lifestyle**

I am committing to choices, a lifestyle, and attitudes that are godly, knowing that my leadership is a model for other students.

**Friendship Evangelism**

I am committing to outreach by attending and bringing my friends to appropriate events.

**The Student Ministry**

I am committing to attending the SOURCE on Sunday mornings and being a caring presence to others to help create a warm environment.

I am committing to attend two non-negotiable, monthly meetings (two Sunday's a month from 12:30-2:30pm at church).

I am committed to attend a retreat from Saturday, August 21<sup>st</sup> through Sunday, August 22<sup>nd</sup>  
I am committing to attend the fall Santa Cruz retreat November 12-16, 2010.  
I am committing to attend Bible study on Wednesday nights at church 6:45-8:30.  
I am committing to attend as many SOURCE special events (Friday/Saturday night activities, games, etc.) as possible.  
I am committing to tithe a portion of income however God sees fit to give me via allowance, work, etc.

### Two Pictures of a Servant Leader

#### **Profile of a Servant Leader Who is Living an Integrated Faith**

Accepting of others  
Accountable to another Christian  
Authentic and transparent  
Encouraging  
Faithful with the small things  
Genuinely friendly  
Growing spiritually  
Helpful and serving  
Honoring God by consistently choosing God's way over the world's way  
Humble  
Love for life  
Positive attitude  
Proud to be a devoted follower of Christ  
Role model of a Christian student

#### **Portrait of a Servant Leader Who is Committed to the SOURCE**

Acts as a Christian encourager at school  
Is committed to the unity of our youth ministry and feels a sense of ownership in the ministry  
Follows-up on weekend visitors and other students when back on campus  
Greeted during weekend Sunday school and other programs  
Is involved in all of our major events  
Looks out for loners and visitors  
Meets with other student leaders to pray for their campuses  
Models appropriate program behavior  
Is on the lookout for opportunities to serve  
Solves youth ministry problems without complaining  
Speaks highly of staff and other student leaders  
Understands the purposes of why we do what we do